

Board of Directors and Committee Time Commitments (2026)

Committee	Average monthly time commitment	Meeting type	Meeting frequency (per year)	Meeting length	Average preparation time required per meeting	Total average time required per meeting
All Board Directors and Committee Members	Less than one day	Education Session	One to four sessions	Two hours	None	Two hours
Board of Directors	Less than one day	Board	Quarterly (four two-day meetings)	Six hours	Six hours	18 hours
Executive Committee	Less than one day	Committee	Seven one-day meetings	Six hours	Three to four hours	Ten hours
Governance and Nominating Committee	Less than one day	Committee	Five one-day virtual meetings	Three hours	One to three hours	Four to six hours
Ontario Physicians and Surgeons Discipline Tribunal (OPSDT) and Fitness to Practise Committee (FTP)	OPDST: Four days	Orientation Session	Two full-day or four half-day sessions		Three to six hours	18 to 20 hours
		Business, Policy or Education	Two one-day meetings		30 minutes to one hour	16 hours
	FTP: Zero days	OPSDT Hearings	One half-day to 20 days, including <i>at least</i> one three-day or longer hearing		Zero to 12 hours	Five to 130 hours
		FTP Hearings	One half-day to five days (FTP hearings are rare)		Zero to four hours	Eight to 40 hours
Registration Committee	Less than one day	Orientation Session	One orientation session	Three hours	One hour	Four hours
		Business and Policy	Two full-day meetings	Seven hours	One to two hours	Eight to nine hours
		Member-Specific Issue (MSI)	Ten full-day meetings	Six hours	12 to 16 hours	18 to 22 hours
		Teleconference	11 virtual meetings	One hour	Three to six hours	Four to seven hours
Finance and Audit Committee	Less than one day	Orientation Session	One orientation session (during a Committee meeting)	Three hours	One hour	Three hours
		Committee	Three one-day meetings	Three to five hours	Two hours	Five to seven hours
Inquiries, Complaints and Reports Committee	Three to four days	Orientation Session	Seven to eight hours total		One hour	Eight to nine hours
		Business and Policy	Three one-day meetings	Three to six hours	One to two hours	Four to eight hours
		MSI Panel	As-needed basis (<i>at least</i> one to two panels monthly)	One to three hours	30 minutes to two hours	At least 90 minutes
Patient Relations Committee	One day	Orientation	One orientation session	Two hours	One hour	Three hours
		Business	Two full-day meetings	Six hours	Two to three hours	Eight to nine hours
		Panel	Ten panel meetings	60 to 90 minutes	60 to 90 minutes	Two to five hours
Premises Inspection Committee	Less than one day	Orientation Session	One orientation session	One hour	None	One hour
		Business and Policy	Two full-day meetings	Six hours	One to two hours	Seven to nine hours
		Panel	Ten panel meetings	Two hours	Three to six hours	Five to eight hours
Quality Assurance Committee	One day	Orientation Session	One full-day orientation session	Six hours	One hour	Seven hours
		Business	Two one-day meetings	Four to six hours	One to three hours	Seven to nine hours
		MSI Panel	A minimum of six meetings	30 to 150 minutes	Two to four hours	Up to 6.5 hours